



LIFE JUNKIE

Listed below are the properties of gemstones / crystals

<p>Agate</p>	<p>It cleanses and stabilises the aura, eliminating and transforming negativity. Agate enhances mental function, improving concentration, perception and analytical abilities. It soothes and calms, healing inner anger or tension and creates a sense of security and safety. There are many types of agate that provide different healing properties depending on their variety.</p>
<p>Amethyst</p>	<p>The stone of spiritual wakefulness. It provokes honesty and is used in meditation it helps to quiet the mind and is an aid to finding inner peace and discovering our own wisdom inside. It assists in facing up to all experiences, good or bad, and encourages dealing with our perceptions.</p>
<p>Black Obsidian</p>	<p>A very powerful and protective stone. It absorbs negative energies from the environment and draws out mental stress and tension.</p>
<p>Black Tourmaline</p>	<p>Black Tourmaline is also a powerful grounding stone. Its supportive energy aligns the energy centers of the body and channels healing light throughout the system. It promotes a sense of power and self-confidence, allowing for a clearer, more objective view of the world. It is empowering to those who must live or work in challenging environments or when facing difficult circumstances.</p>
<p>Bloodstone</p>	<p>The stone of courage. It helps protect by limiting and sending unwanted influences. It can be very calming in trying times or where there is impatience or aggression. It also does well to revitalize in cases of exhaustion and tiredness and can stimulate dream activity.</p>
<p>Blue Kyanite</p>	<p>This is one of the most powerful crystals for throat chakra work. It facilitates open, honest & authentic communication; it permits a better flow of energy to assist in self-expression and communication. It encourages you to dive deeper into your truth, and learn to speak your truth in all situations. As a high vibrational stone, its healing properties are linked to spiritual expansion.</p>
<p>Blue Quartz</p>	<p>This stone helps to alleviate fear and enhances creativity and expression. It has the effect of balancing the throat chakra, it can assist in communication.</p>
<p>Carnelian</p>	<p>This is a stone of power. Carnelian is a stabilising stone, it restores vitality and stimulates creativity. It gives courage, promotes positive life choices, dispels apathy and motivates for success.</p>

Clear Quartz	This stone is known as the "Master Healer" & encourages clarity of thought. This amplifies the energy level of other crystals that it comes into contact with. It works on all levels of energetic and physical bodies and resonates with all chakras. This is an excellent stone for healing and or manifestation.
Crackle Quartz	Crackle Quartz is a gemstone which has meaning and properties to counteract negative energy. It is known as an excellent amulet to avoid evil energy. It is also useful when you want to regain positive emotions. It'll make your thoughts clearer and make positive ideas easily.
Green Aventurine	Known as the "stone of opportunity", thought to be the luckiest of crystals; for manifesting prosperity and wealth. This is a stone of prosperity. It reinforces leadership qualities, decisiveness, compassion and empathy.
Green Onyx	This symbolizes prosperity and success; helps to create an ideal life. The most important function of the onyx is its ability to open chakras. This stone helps to get rid of negative perceptivity and supports in difficult or confusing circumstances.
Green Tourmaline	Green Tourmaline is ideal for healing purposes, as it can focus its healing energies, clearing the aura, and removing blockages. It is often used for opening and activating the Heart chakra, & provides a sense of peace and calm to the heart & nervous system. It has a lovely vibration that stimulates happiness and joy for life!
Hematite	Thought to be an anti-stress stone, it is powerful and very grounding. It is used as a healing stone, place on the area of body that needs energy. It calms in times of stress or worry. Hematite is also good for working with the Root Chakra, helping to transform negative energies into a more positive vibration.
Himalayan Salt	This produces ions that carry negative charges and are considered the vitamins of the air; essential for high energy and well-being.
Honey calcite	This stone gently amplifies energy and assists in challenges that come with change. It increases feelings of self-worth, confidence and courage and assists to overcome obstacles.
Howlite	A peaceful stone. It is a lovely stone to use when needing to reduce anxiety, tensions and stress. It can be used to facilitate awareness, encourage emotional expression and assist in the elimination of pain or stress.
Rose Quartz	This is the stone of universal love. It restores trust and harmony in relationships, encouraging unconditional love. This purifies and opens the heart to all levels to promote love, self-love, friendship, deep inner healing and feelings of peace.
Smoky Quartz	This is an excellent grounding stone. It neutralizes negative vibrations and detoxifying on all levels; a potent aid against jealousy and envy; protects & transmutes negative energy. It is good for promoting elimination of digestive system and protects against radiation
Tree agate	The stone of inner peace. Tree Agate encourages inner peace and certainty. It helps bring awareness of our own strengths which provides us security and stability. It helps us to see difficulties as challenges and find the ways to deal with them. It can awaken the warrior in us and provide the means to strive and conquer those problems.

Yellow calcite	This stone stimulates power, strength and high energy. This is a stone of happiness. This is associated with the solar plexus, self-confidence and hope. It is said to be effective at clearing out old energy patterns and increasing drive. It specifically is a clearer of self-doubt, giving you the opportunity for a clean emotional slate.
labradorite	A stone of transformation, Labradorite is a useful companion through change, imparting strength and perseverance. It balances and protects the aura, raises consciousness and grounds spiritual energies. Excellent for strengthening intuition - promoting psychic abilities.